



# Lunch Menus

## Miyako Teppanyaki Lunch Menu

### Platter of Harumaki and California Maki (v) - £4.95

Vegetable spring rolls and seafood with vegetables in a rice roll wrapped in seaweed served with mixed vegetable salad in garlic mayonnaise dressing.

### Yaki Soba - £5.95

Stir fried noodles with chicken, prawn and oriental vegetables.

### Chicken Teriyaki - £7.25

Served with boiled rice and vegetable salad.

### Sushi - £9.95

Fresh assorted fish pressed in vinegared rice, served with miso soup and vegetable salad.

### Sashimi - £9.95

Fresh slices of fish, served with miso soup and boiled rice.

### Tempura - £9.95

Assortment of seafood and vegetables, deep fried in a Light batter, served with miso soup and boiled rice.

## Miyako Teppanyaki Lunch Menu

### 2 Course Meal for - £10.00

Starter and Main Course  
or Main Course and Dessert

Starters - choice of

Harumaki	vegetable spring rolls
Yakitori	skewered pan fried chicken
California Maki	roll of rice, mango and crab wrapped in seaweed
Vegetable Tempura	cooked mixed vegetables in light batter flour (v)

Main Course - any combination of Miyako special seafood or meat dishes.

King Prawn Salmon  
Fillet of chicken  
Sirloin steak  
Breast of duckling

for vegetarian main course

Garlic mushrooms  
Aubergine and mangetout (v)

all main courses are served with egg and vegetable fried rice and mixed stir fried oriental vegetables.