MIYAKO TEPPANYAKI
JAPANESE RESTAURANT

Irasshaimase e Teppanyaki

Teppanyaki is the unique culinary art that has established itself as one of the favourites of Japanese cuisine. Its preparation and presentation take place before your eyes on a heated steel plate. Our specially trained chefs will delight their gourmet guests with their cooking and artistic skills.
All of our main courses, vegetables, fried rice and stir fried vegetables are cooked at the Teppan (hot plate) by our trained chefs.

Items marked (v) are suitable for vegetarians.

Pre-Theatre / Early Dinner Set Course
To be ordered by 6.00pm Tuesday to Friday and to be ordered by 7.00pm on Sunday. Available from 12pm to 5.00pm on Saturday.

TEPPANYAKI (Fish and Meat combination) £28.95

Zensai appetisers - Selection of six miniature Chef's seasonal appetisers served with oshinko

Soup – Chicken sweetcorn noodle/ Vegetable sweetcorn noodle soup (V)

Main Course – choice of ONE served with stir fried vegetables
Fillet of Salmon cooked in teriyaki sauce
Cod Loin in lemon parsley butter sauce
King Prawns in garlic soya butter sauce
Ribeye Beef with mushrooms in steak sauce
Chicken Teriyaki with peppers and onions
Tofu Steak grilled with mushrooms and onions (v)

Yasai Cha han - Egg and vegetable fried rice

Dessert - Cinnamon Apple Tempura served with vanilla ice-cream and chocolate sauce

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Starters

Edamame Salted (V)(VG)(GF) £3.99
Soya beans with Malden Salt

Edamame Chilli (V)(VG) (GF) £4.49

Miso Tofu Soup (V).. £4.99

Vegetable Spring Rolls (V)... £7.99

Aubergine in Ponzu sauce (V)(VG) (GF)..............................£7.99

Dynamite Prawns.. £9.99
Tempura fried king prawns in spicy mayo dressing

Chicken kara-age in Spicy sauce (GF)..............................£8.99

Garlic Filled Mushrooms..£7.99

Gyoza

Chicken Gyoza £5.99

Shrimp Gyoza £6.99

Vegetable Gyoza £5.49

Tempura

Classic Japanese deep-fried vegetables and seafood in light crispy batter

Prawns...£9.99

Calamari..£8.99

Soft Shell Crab...£12.99

Ebi Prawn Katsu (Breaded) £9.99

Mixed vegetable (V) £8.49

Tenderstem Broccoli (V) £7.99

Skewers
Grilled Meat Skewers

Chicken thigh in teriyaki sauce................................£8.99

Tsukune Chicken meatballs......................................£8.99

Lamb Loin in spicy mint sauce................................£8.99

Teppanyaki Kodomo £19.95
Childrens Menu *Under 12 years old
· **Chicken Drumsticks**
· **Chicken teriyaki with stir fried noodles**
  or Egg & Vegetable fried rice
· **Dessert** *Cinnamon Apple Tempura served with vanilla ice-cream and chocolate sauce*

A discretional 10% service charge will be added to your bill

Teppanyaki Set Menus

TEPPANYAKI YASAI £28.95
(Vegan/Vegetarian)

- Tofu steak
- Aubergine Steak, tomato and onion tower

TEPPANYAKI SAKURA £38.95
(Meat and Fish Combination)

- Chicken
- King Prawns

TEPPANYAKI FUJIYAKO £39.95
(Meat and Fish Combination)

- Chicken
- Salmon

TEPPANYAKI SAMURAI £39.95
(Meat Combination)

- Chicken
- Lamb

TEPPANYAKI TORANGA £46.95
(Meat Combination)

- Chicken
- Beef Fillet

TEPPANYAKI KOI £49.95
(Fish Combination)

- King Prawns
- Salmon
- Scallops

TEPPANYAKI SUMO £52.95
(Meat Combination)

- Chicken
- Beef Fillet
- Lamb

TEPPANYAKI IMPERIAL £59.95
(Meat and Fish Combination)

- Chicken
- Beef Fillet
- Lamb
- King Prawns
- Salmon

All the above Teppanyki Set Menus are served with:

- Chef's Seasonal Salad – *mixed leaves with cucumber, sweetcorn, tomato, with our signature beetroot and fuji apple dressing*
- Zensai - *starter of six miniature appetizers*
- Soup - *Chicken sweetcorn noodle/ Vegetable sweetcorn noodle soup (V)*
- Yasai Cha han - *Egg & Vegetable Fried Rice*
- Stir Fried Vegetables
- Dessert - *Cinnamon Apple Tempura served with vanilla ice-cream and chocolate sauce*

TEPPANYAKI ROYALE £89.95
(Prime Fish and Meat Combination)
Chef's Seasonal Salad
Zensai - *starter of six miniature appetizers*
Soup
- Lobster Tail
- Duck
- Beef Fillet
Yasai Cha han - *Egg & Vegetable Fried Rice*
Stir Fried Vegetables
Dessert - *Cinnamon Apple Tempura served with vanilla ice-cream and chocolate sauce*

TEPPANYAKI EMPEROR £99.95
(Premium Grade WAGYU BEEF)
Chef's Seasonal Salad
Sushi Platter - *Assortment of Nigiri Sushi with pure goldleaf*
Zensai - *selection of Miyako Chef's Japanese appetizers*
Soup
- **WAGYU Beef** - *Finest premium grade Wagyu Beef cooked with wild oriental mushrooms*
Yasai Cha han - *Egg & Vegetable Fried Rice*
Stir Fried Vegetables
Dessert - *Cinnamon Apple Tempura served with vanilla ice-cream and chocolate sauce*

The 14 Allergens:
please ask your server for allergy advice and allergy information

| LACTOSE | GLUTEN | FISH | PEANUTS | SOY | EGG | CRUSTACEANS | MUSTARD | SESAME | CELERY | NUTS | BEANS LUPINI ALTRAMUCES | SHELLFISH | SULFUR DIOXIDE AND SULPHITES |

A discretional 10% service charge will be added to your bill